

# The Book of Romans

## SECTION THREE

Chapter's 6 and 7

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*THE CHRISTIAN'S*  
**SANCTIFICATION**

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In this section of Romans, we will learn the following Truths:

**How to Handle Sin in Your Life**  
**How to Handle “the Old Man”**

# The Book of Romans

## Chapter Six - *What To Do With Sin*

### I. Introduction - Greatest Book in the New Testament for the Christian!

This one Book in your Bible condenses down into 16 chapters the greatest themes of all humanity - the themes of sin, judgment, justification, sanctification, victory, eternal security, and service!

### II. Book Review So Far - *There are Six Sections to Romans*

#### A. SECTION ONE - **Dealing With Sin** - Chapters 1 & 2

Chapter 1. **The Righteousness and Wrath of God** - Describes the condition of the human heart in very vivid terms - as depraved (ruined utterly in character or quality)!

Chapter 2. **The Sin of Self-Righteousness** - There are so many people who look at the list and find some way of excusing THEMSELVES, and looking down at OTHERS - "civilised" vs "heathen" and the lower classes

#### B. SECTION TWO - **Our Great Salvation** - Chapters 3-5 (*Justification*)

Chapter 3. The fact of There Being No Difference - No Excuses

Chapter 4. How To Become Strong in Faith

Chapter 5. The Benefits of Salvation

#### C. We Now Turn to SECTION THREE - **The Christians' Sanctification** - Chapters 6 and 7

1. We have learned so far WHAT CHRIST DID WITH OUR SIN

2. It is now time to focus our attention onto \_\_\_\_\_!

3. Meaning of "Sanctification" - \_\_\_\_\_

4. Importance of Sanctification (2 Tim 2:21)

a. Nobody likes to eat a half-eaten burger - we want a fresh one

b. No one likes to put on dirty socks - we desire clean ones

c. No one enjoys breathing smoggy and dirty air - but rather clean, fresh air

d. God does not use dirty, filthy Christians either! Christians can get dirty and filthy in body, in soul, and in spirit!

e. So God works hard in our lives to keep us clean

f. It took "Justification" to get us clean. "Sanctification" is what keeps us clean!

5. Compares best to a **Lantern** that must be kept clean in order to allow it to light the surrounding room!!!

### III. Focus Verse: **Romans 6:6**

### IV. Lesson - **What To Do With Sin!**

#### A. **Stop Living (\_\_\_\_\_) In Sin** (6:1-7; 1Pet 1:15,16) - Be Holy!

1. \_\_\_\_\_ Abounds More Than Sin (5:20,21, 6:1)

a. Sin had dominion over every person on this planet since Adam, and was killing and damning all

b. God's grace brought Jesus Christ, the Lamb of God into the world to SAVE sinners from the dominion and power of sin

c. Salvation brought by Jesus Christ was powerful (abundant) enough to cancel the power of sin, and pull its plug

1) This happened when I cried out to the Saviour to **save me**

2) The Holy Spirit took me OUT of a life of sin (Eph 2:1,5), and placed me IN Jesus Christ (1Cor 12:13; a place of safety and security)!

d. So the question comes, "*Shall we continue in something that Christ died to save us from?*" **Of course not!**

2. Christians Are \_\_\_\_\_ To Sin (6:2-5) - God states this as a FACT

a. When a sinner got placed into Christ, they participated in three events (1Cor 15:1-4)

- 1) Christ's \_\_\_\_\_ (6:2,3) - He died for my sins, so when I got placed into His death, I lost my sins (Heb 10:16-18)
  - 2) Christ's \_\_\_\_\_ (6:4,5) - He was buried to show that He was really really dead, and took my sins to hell
  - 3) Christ's \_\_\_\_\_ (6:4,5) - He arose from the dead WITHOUT sin (Heb 9:28), and now lives in heaven, so I too, once I have been placed INTO Christ, have been given a whole new (Eph 2:1, *resurrected*) life, that is to be lived WITHOUT sin!
  - 4) The Christian therefore lives a different life because of that one-time event at Calvary (Gal 2:20) - its effect is present tense in our life!
  - 5) Notice "the newness of life" (6:4)
    - a) Our life is new - alive! No longer "dead" in sins
    - b) Our life is eternal - no longer heading for a hole!
    - c) Our life is Christ living in us, through us, to others!
- b. God calls this "placement" into Christ \_\_\_\_\_ (6:3-5)
- 1) No way on earth that BAPTISM can mean sprinkling, or "dipping" or "pouring" but total \_\_\_\_\_ (burial).
  - 2) No way that *this* BAPTISM is referring to WATER baptism - This is a SPIRITUAL event - baptized INTO "Jesus Christ." *Jesus* is not WATER!
  - 3) This is THE most important baptism. Water baptism only \_\_\_\_\_ (symbolizes) this true baptism
  - 4) There is only ONE Baptism that matters (Eph 4:5) – getting INTO Christ by faith alone!
  - 5) And yet there are seven Baptisms. Learn these, and you learn a lot of Bible! Be glad for the exhortation to rightly divide the word!
    - a) Baptism in the Old Testament
    - b) Baptism into Repentance – John's Baptism
    - c) Baptism Into Christ
    - d) Baptism Into Water
    - e) Baptism Into Fire
    - f) Baptism Into Suffering
    - g) Transitional Baptism
  - 6) The Seven Baptisms in Detail
    - a) \_\_\_\_\_ - \_\_\_\_\_
      - (i) Taking unclean things and people and cleansing them ceremonially
      - (ii) Necessary under the Old Testament (Mark 7:1-4; Heb 9:10)
        - (a) Shown by Namaan the Leper
        - (b) The priests in the Temple washing their bodies in large tubs
        - (c) Washing of the animal sacrifices before burning their flesh
        - (d) Washing of Temple items
        - (e) They were ALL a shadow of things to come
      - (iii) Baptism into Righteousness – a constant baptism for only the priests
      - (iv) They are all INVALID under the New Testament!
      - (v) Yet the Roman Catholic Church retains all the ceremonies that they liked and made them part of our approach to God today!
    - b) \_\_\_\_\_ - \_\_\_\_\_ (Mt 3:6) – A Water Baptism "unto repentance"
      - (i) The Jews were commanded to get baptized BEFORE Jesus was accepted by the Jews as Messiah
      - (ii) It prepared them for their Messiah
      - (iii) It was NOT a believer's baptism – only for Jews, and only before the presentation of Jesus as the Jewish Messiah
      - (iv) They Jews needed to repent of their religion, and their past, and be ready for their Messiah
      - (v) Jesus was Baptized with John's Baptism – and John didn't think Jesus needed it (Mt 3:13-15)! But it was a must for Jesus to show that He was JEWISH and part of the nation – not an outsider!

- c) \_\_\_\_\_ (1Cor 12:13) The process of being Born Again – this is THE one Baptism to make sure you have!
- (i) I WAS “in sin” and in bondage to the power of sin (Eph 2:1)
  - (ii) But once redeemed by the blood of Christ, I have been instantaneously placed INTO Jesus Christ! I am now bone of His bone and flesh of His flesh!
  - (iii) It was done by the Holy Spirit!
  - (iv) It can NEVER be undone (John 10:27-29)
  - (v) Jesus calls it “you in me, and I in you, etc” in John 17
  - (vi) That moment, I got the Holy Spirit IN me, and the Holy Spirit put ME into the Saviour – the Ark of God! And I’m SAFE for evermore!
  - (vii) I died the moment I got born again, and came out a CHANGED man!
- d) \_\_\_\_\_ (Mt 28:19,20) - Water Baptism
- (i) A testimony and picture to this world of the change that took place in the heart of the believer at the time of salvation! It is only a ceremony of obedience.
  - (ii) Water baptism is clearly a FIGURE or TYPE of something which already took place in the heart of the believer the moment he/she was saved (1 Pet. 3:21). Water baptism is the ordinance representing the identification of the Christian with the death, burial, and resurrection of Jesus Christ.
  - (iii) Pictures the death, burial, and the resurrection of Jesus (Romans 6:1-9)
  - (iv) Sprinkling and dipping doesn’t adequately picture that at all!
  - (v) This water baptism *identifies* or *associates* the believer no longer with the old life of sin, but with Jesus Christ and His death, burial, and resurrection. It is in the same way that a uniform associates a worker with the company they work for!
    - (a) I went into the water in people’s minds the old me
    - (b) But from the moment I gave my testimony, their view of me should have changed
    - (c) Now I am living DIFFERENTLY! Not the same!
  - (vi) Water baptism presents a public testimony to the world that one has accepted Jesus Christ as their Saviour, and that they are willing to live a different life now for the Lord Jesus (**Acts 2:41; Romans 10:11**)!
    - (a) Acts 2:41 “...they that gladly received his word were baptized...”
    - (b) Acts 8:12 “...when they believed... they were baptized...”
    - (c) Acts 8:36-37. Ethiopian eunuch. “I believe that Jesus Christ is the Son of God...and he (Philip) baptized him.”
    - (d) Acts 9:18. Paul’s baptism. “...and he received sight...and was baptized.”
    - (e) Acts 10:47-48. Cornelius’ household. “Can any man forbid water, that these should not be baptized?”
    - (f) Acts 16:14-15. Lydia’s baptism. “...whose heart the Lord opened...she was baptized...”
    - (g) Acts 16:33. Philippian jailer. “...they spake unto him the word of the Lord...and...he...was baptized...”
    - (h) Acts 18:8. Crispus and company. “And Crispus...believed...and many...were baptized.”
    - (i) Acts 19:5. Disciples at Ephesus. “...they were baptized in the name of the Lord Jesus...”
  - (vii) So, when immersed into water in baptism, does this “wash away our sins?” (see **Ephesians 2:8,9; Galatians 3:11**) What saves the sinner then? (see also **Ephesians 1:7; 1John 1:7; Colossians 1:20**) Only the blood of Christ can wash away our sins!
  - (viii) The apostle Paul’s whole focus in life was the preaching of the Gospel - not in baptizing (**1 Cor 1:13-18**)! Not to say water baptism is not important, but that it was *secondary* to salvation - not part of salvation!
  - (ix) When the Jews crossed the Red Sea in Exodus 14:21-31), it was an Old Testament Picture of New Testament Baptism (1Cor 10:2). The Jews had believed the blood would save them, and now had been baptized!
  - (x) Every believer should be baptized!
- e) \_\_\_\_\_ (Mt 3:11,12) – Hell Fire
- (i) Every unsaved person is ultimately BAPTIZED into Hellfire (note verse 12!) if they reject Jesus and try and get into God’s presence on their own merits (Rev 21:8; Matt 25:41)!
  - (ii) Charismatics think this baptism is what they are experiencing when they get the gift of tongues, and that it is what the Apostles experienced on the day of Pentecost!
  - (iii) People who go into this baptism, die for all eternity!
  - (iv) NO ONE should want this “baptism!”

- f) \_\_\_\_\_ - \_\_\_\_\_ (Mt 20:22)
- (i) Jesus Christ's Death, Burial and Resurrection is called *His Baptism*.
  - (ii) It also can refer to our death FOR the Lord under persecution!
  - (iii) For believers, death is a baptism, because our bodies WILL be resurrected!
  - (iv) The principle is our troubles should be allowed to change us, soften us, mould us! Your pride will have to die before that change can take place! Wouldn't it be wonderful if we didn't fear what our Lord has ahead for us?!
- g) \_\_\_\_\_ (Acts 2:38)
- (i) This was a believer's baptism, but for the early New Testament Jews only - for them to receive the Holy Ghost. You and I got Him the moment we believed!
  - (ii) This baptism was not preached to anyone else besides those Jews who had been baptized by John the Baptist, and then had sought the crucifixion of their Messiah!
  - (iii) After their conversion, they were re-baptized – none of us are like this! Not for the Holy Ghost, or for anything, except out of obedience!
- 7) What's the point of all these different Baptisms?
- a) First to show that we ARE unclean before God – in need of cleansing – and not always by water
  - b) That our approach to God is on HIS terms – first through ceremonies, washings, priests, temple, sacrifices... and then later through Jesus Christ, in absolute obedience to His word!
  - c) That Baptism always shows the DEATH of something or someone so that a new person could take over!
  - d) That no Baptism except Spiritual Baptism does anything for your soul!
- c. It is THIS action by God at our salvation that enables us to die RIGHT - i.e., die towards the right things
- 1) Our first birth brought us to life with our spirit being dead - dead toward God (Eph 2) - dying towards hell
  - 2) Our second birth brings our spirit to life, and *slays* the flesh - dead toward sin - dying, but towards heaven!
  - 3) Problem: why is not my body completely dead to sin?
3. The Problem is with “\_\_\_\_\_” (6:6) He still lives. He has to if you are going to live right now - you need him, he is your “tent”
- a. The old man is, and always has been our problem - not Satan, not the world, but ME!
  - b. The “old man” is best compared to a mother-in-law. You have to have one, but not too close! You have to have your flesh to live this life, just don't keep it too close - put some distance between you and the Lord, and your own flesh!
  - c. The “old man” must be *kept crucified* - the longer my “old man” stays being crucified, the more its powers are destroyed (1Cor 9:27; 6:12)
4. God says that Christians are made \_\_\_\_\_ from sin (6:7)!
- a. Just like a dead body no longer sins, the same is true for us! If we would would not permit it (*let it*)!
  - b. A Christian is free from the DOMINION (control) of sin!
  - c. A Christian therefore needs to determine not to be tricked into going back under sin's dominion, and control! That is the work of temptation - to deceive
    - 1) \_\_\_\_\_ your new man – from the onslaught of temptation
    - 2) Quickly \_\_\_\_\_ and forsake your old man when he gets the better of you (1Jn 1:9; Pr 28:13)
    - 3) \_\_\_\_\_ the damage the old man produces – take responsibility for it
    - 4) Accept that you are going to \_\_\_\_\_ with the old man until the day you die!
  - d. This death and freedom does not occur automatically, or instantaneously at the new birth, but is mastered like anything else - through faithful effort for the Lord (2 Tim 2:4)!
  - e. Never completely free from sin, until COMPLETELY dead.
  - f. So this work is our goal
    - 1) By first surrendering to the GRACE of God - salvation

- 2) Then by getting serious about commitment to Christ - serious enough to put up with the obstacles in the way of living for Him
- 3) Then by getting busy for Him - not just talking about it, but DOING something for Him (Bible, prayer, raising your family the Bible way, standing up for Christ in life)

**B. Start Living \_\_\_\_\_ (6:8-23) - Allow HIM to Fill the Void**

1. To live “in Christ” first means discovering that it was Christ’s death alone that gave us eternal life (6:8-10) - Great Victory!!!
  - a. A Christian’s death with Christ took place at salvation (8)
  - b. Our salvation gave us not only eternal life spiritually, but the promise that God would raise up our physical bodies new also, never to die again (8)
  - c. Because death has no more dominion over Christ, it effectively has no more dominion over us.
  - d. Notice that Christ Jesus died how many times!!! **ONCE!**
  - e. Jesus Christ now lives unto God - just as we can!
2. Part of serving Christ means to “\_\_\_\_\_” our lives to be dead to sin (by faith, acceptance of God’s word) so to live unto God (6:11)
  - a. “*Reckon*” means: \_\_\_\_\_! You cannot begin to enjoy the new life in Christ until that part of you which was killing you is not listened to anymore - is treated as dead!
    - 1) Reckoning is an act of the mind that over-rides the heart
    - 2) Reckoning re-directs the empty heart towards God
  - b. “*Alive unto God*” means that we can now...
    - 1) Live the right way - God’s way
    - 2) Live for God - which I could not do if I was living in sin
    - 3) Live without fear
  - c. Notice that it is going to only be through Christ’s help - must have \_\_\_\_\_ by the Lord - a spiritual walk!!!
3. To serve Jesus Christ, we are to \_\_\_\_\_ sin to reign (6:12) – WE MUST HINDER IT! Do what you have to, to protect your walk and fellowship with God! It is completely up to YOU - Get God’s help daily (Ps 23 - restoring)
  - a. Don’t be afraid to control your TV! It controls too many!!!
  - b. Analyze your music in your home and car!
  - c. Evaluate what you talk about - does it degrade into gossip?!
  - d. Control what your minds thinks about (2Cor 10:5; Phil 4:8)
  - e. Note: A Christian can, and must hinder sin, because otherwise, you will become its servant, obeying it by lust, which we all have!
4. In order to serve Christ, Christians are not to yield ANY members of their body as instruments of unrighteousness (6:13):
  - a. Key word is \_\_\_\_\_: give way to, like pressure
  - b. Free-will before salvation, and \_\_\_\_\_ salvation.
  - c. Dealing with the members of our bodies being the instruments of unrighteousness (1Cor 6:19,20):
    - 1) Your eyes - wandering, lustful
    - 2) Your mind - devious, wicked imagination
    - 3) Your hands - greedy, working for self
    - 4) Your feet - going to where your ought not
    - 5) Your tongue - gossip, slander, hatred
    - 6) Your sex life - dominated by “hormones” - not right!
  - d. Why? What is so different? What happened when I trusted Christ that made the difference? Grace has taken over the job that the Law was doing (6:14)!

- 1) Before salvation, you were under the Law - your spirit was dead! Even when you were good, and honest, you did it only for yourself - just a puppet serving the devil!
  - 2) At salvation, God resurrected your spirit (Tit 3:5), and thereby empowered you to yield to God (1 Tim 1:7)
  - 3) It is that power that the Christian can draw-on moment-by-moment - the power of the resurrection to fight sin (Phil 3:8-10)
5. Next in line in serving Christ is \_\_\_\_\_ (6:15,16)
- a. Notice that, in order for a person to be saved, they must \_\_\_\_\_ the Gospel from the heart - to completely trust Christ - not just have a head knowledge - but ALL the heart!
  - b. That simple obedience was a surrender to ALLOW Someone to save you - not to try and save yourself!
  - c. True freedom is therefore the freedom to serve the truth - the true and living God (1 Thes 1:9)
  - d. In order to live free from sin's domination, we must first RECKON ourselves to be dead, which causes the Christian to start YIELDING to the new life Christ gave us, which now needs to be OBEYED - its work is not automatic in our life!
  - e. Salvation is not \_\_\_\_\_ to sin, but \_\_\_\_\_ to SERVE (6:15)!
  - f. The Christian still chooses whom to obey - sin, or the Saviour
  - g. This is the great battle of today for Christians - they feel free to do ANYTHING they want - THAT's the attitude of the lost
  - h. Sin still kills! Don't kid yourself! You serve one or the other!
  - i. The Christian WANTS to obey Christ, and go by His word - obeys from the HEART! That's the difference (2Cor 5:14)
  - j. Why would we call on Christ to save us from something that we are not going to give up (Luke 6:46)? What a thing?!
  - k. At salvation, a Christian no longer serves sin (1Cor 6:9-11)
6. An important attitude in serving Christ Jesus is \_\_\_\_\_ (6:17,18)
- a. Who wouldn't be thankful for REAL freedom?! Salvation from sin, death, and HELL!
  - b. This is one of the root-sins of humanity (Rom 1:21)
  - c. And is one of the most important attitudes of the Christian (1 Thes 5:18)
7. The last important step in serving Christ is realizing that you are now serving righteousness (6:18-23) and no longer sin!
- a. I am free to \_\_\_\_\_ - Oh I wish you would get this! Serve right things. The greatest thing God wants to create here is servants. I may sin, but I DON'T serve it anymore!!!
  - b. You have got to see your problem NOT being your family, or your job, or your finances, or your enemies, but your \_\_\_\_\_
    - 1) The flesh is a "black hole" it only feeds on itself - is NEVER satisfied - it only led to more iniquity
    - 2) The more you served it, the more it demanded!
    - 3) but now that you have turned to Christ, the Lord says, "Now let's see how much effort goes into serving me in comparison! - real amazing how little pull Christ has!
    - 4) Every Christian in this room should serve Christ with as much if not more vigour than they did their flesh and sin! Unto holiness - a clean life - Sanctification!!!
  - c. Before salvation (6:20) - you were free from righteousness - you were judged by your SIN - by your wrong - your good didn't even count at all (Isa 64:6)
  - d. After salvation, we are judged at the \_\_\_\_\_ not for our sins, but according to what we did for Christ - our bad doesn't even count at all on that day - our focus is serving Christ Jesus, and the reward for putting Him first!
  - e. The comparison is made (21) to the reward we had for our efforts in sin - nothing but shame since it only led to death!!!
  - f. But when we see the fruit of our efforts for Christ (6:22), we see holiness (clean channel through which He can work), and we see the end being everlasting life

- g. And the most condensed Gospel verse in the Bible is Romans 6:23 here! Serving sin only leads to death - sin EARNs death. Serving Christ (salvation) reaps (not earns) eternal life - it is given!  
MEMORIZE THIS VERSE!!!

## V. Study Questions

- A. What is the Meaning of “Sanctification”? \_\_\_\_\_  
\_\_\_\_\_
- B. Write out Romans 6:6 \_\_\_\_\_  
\_\_\_\_\_
- C. What abounds MORE than my sin? \_\_\_\_\_
- D. Christians Are “**WHAT**” To Sin? \_\_\_\_\_
- E. When a sinner got placed into Christ, they participated in three events (1Cor 15:1-4)
1. Christ’s \_\_\_\_\_
  2. Christ’s \_\_\_\_\_
  3. Christ’s \_\_\_\_\_
- F. God calls this “placement” into Christ **WHAT**? \_\_\_\_\_
- G. True or False: Water baptism only **PICTURES** (symbolizes) this true baptism? \_\_\_\_\_
- H. There are really 7 forms of baptism in the Bible... List the missing ones:
1. Baptism in the \_\_\_\_\_ - Ceremonial Washings
  2. Baptism unto \_\_\_\_\_ - John's Jewish Baptism (Mt 3:6) – A Water Baptism but not like ours
  3. Baptism into Jesus Christ - Baptism of the Spirit (1Cor 12:13) The process of being Born Again – this is THE one Baptism to make sure you have!
  4. Baptism into Water - The Believer's Baptism (Mt 28:19,20) - Water Baptism
  5. Baptism into \_\_\_\_\_ (Mt 3:11,12) – Hell Fire
  6. Baptism into Suffering - Death (Mt 20:22)
  7. \_\_\_\_\_ Baptism (Acts 2:38)
- I. God says that Christians are made “**WHAT**” from sin? \_\_\_\_\_
- J. What does it mean “to reckon ourselves dead indeed unto sin”? \_\_\_\_\_  
\_\_\_\_\_
- K. Write out Romans 6:23 \_\_\_\_\_  
\_\_\_\_\_