# SPIRITUAL WARFARE

Dealing With Sin, and Your Spiritual Enemies

## Lesson Thirteen

Memory Verse: 1 Corinthians 12:27 Lesson Verse: 1 Corinthians 10:13

"There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it."

1 Corinthians 10:13

#### 1 Oormanians 10.10

## I. Introduction - "How Do I Overcome Sin in My Life?"

- A. When a person becomes born again, they become a "new creature" (2Cor 5:17). But there is a problem. They still have an "old creature" around called "the old \_\_\_\_\_\_" (Col 3:9,10). These two do not get along in the Christian's life, but instead, are *at war* against each other! They each want to dominate your life!
- B. This lesson is intended to equip you to fight a good warfare against sin and temptation in your life. This is an unpleasant study for the Christian that is only looking to serve the Lord comfortably, because some of the things discussed here may be in *your* life, and you may not see them as wrong. The challenge is to see what the Bible teaches, and submit to it, since only then will a Christian have <u>real</u> freedom and joy!

# II. Dealing With Sin - Recognizing the Enemy, and Conquering Him!

# A. What is all the fight about? Let's Realize Why You Sin



- 1. Christians sin because we inherited a sinful nature from \_\_\_\_\_ (Rom 5:12; 1Cor 15:45-49).
- 2. Christians sin because our *old* nature is <u>attracted</u> to sin (James 1:13,14; Rom 7:14-25). Sin is always attractive to your old nature we enjoy it but it is also deadly (Rom 6:23; Heb 11:24,25)!

### B. Let's Realize How God Views Your Sin

- 1. First, your sin has already been judged and paid for back at Calvary (2Cor 5:21)! He views all your sins as being in the past, and forgotten (Heb 10:17)!
- 2. Yet, sin can still hinder your effectiveness as a Christian (Heb 12:1)! It hinders (besets) by weighing you down, and pulling you off the course He has for you.
- 3. It causes God to have to **chastise** you (Heb 12:6) like a parent does his child. To chastise means:
- 4. It causes you to reap what you have sown (Gal 6:7,8). God cannot save you from experiencing the pains and scars that sin leaves in your life. He died to save you from eternal punishment in hell.
- C. You Must Battle Against the Temptation to Sin, or you will by nature "give-in" to its dominion over your life (Eph 6:12; 1Tim 6:12; James 4:7).
  - 1. **Decide that <u>your</u> sin is <u>your</u> fault, not anyone else's.** You must accept responsibility for your sin, and start not only taking the blame, but taking steps to keep from giving in anymore. You will never correct anything until you face your responsibility (Prov 28:13).
  - 2. **Know your real enemies:** The <u>external</u> enemy is *this world*; the <u>internal</u> enemy is *your own flesh*; and your infernal enemy is *the devil*! As a soldier, know who your enemies are, and be equipped to defeat them!

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THE FIRST PRINCIPLES Discipleship Lesson Thirteen
3. <b>Protect your mind!</b> Don't allow sinful thoughts to control your mind (2Cor 10:4,5). The TV can destroy you spiritually (Ps 101:3), as can wrong music (Eccl 7:5)! So, STOP watching ungodly TV programs, and QUIT listening to ungodly music stations! Get advice on where to get access to some good, godly Christian music to listen to.
4. <b>Don't make "provision" for the</b> (Rom 13:14). Don't provide for ("feed") the desires of the flesh. Stay away from things that you know will get you into trouble! Don't place more opportunities to sin in your path than are already there!
5. Look for a way of out of temptation to sin (1Cor 10:13). God promised to get you through every temptation, if you want to!
6. <b>Judge your sins</b> <i>yourself</i> (1Cor 11:31,32). When you do wrong, and fail spiritually, think through why it happened, and how to keep from letting it happen again! Don't <i>justify</i> yourself - instead, accept the blame, get back up, and do better next time! You CAN if you will decide to work at it with God's help (Rom 8:12-14)!
7. <b>Confess your sins to God daily</b> , trying to do it immediately after you sin (1 John 1:9). Be specific, and determined not to fail again.
8. <b>Hide God's</b> in your heart so you can use it like a sword against sin and temptation (Ps 119:11). Jesus Christ overcame temptation by quoting specific Scriptures that related to each temptation (Mt 4:1-11).
<ul> <li>9. Trust God's promises to cleanse you, and to fight your battles for you when you give Him the authority to do so (2Cor 7:1; 1Jn 3:1-3; Heb 4:15,16)</li> <li>10. Walk daily in the power of God's Spirit – it's like plugging in a light – only when plugged in will it shine!</li> </ul>
<ul> <li>a. You can either obey the, or God's (Gal 5:16-25)!</li> <li>b. Your flesh, and God's Spirit can never get along (Rom 8:1-8)!</li> <li>c. The reason why it is so hard to live godly is because both the flesh and the Holy Spirit fight against each other's desires, and YOU have to decide who wins each day!</li> </ul>
III. Dying To Your Self (Romans 6:1-11) - Your biggest enemy is your own self!
A. Jesus Christ truly died for <b>all</b> your sins, as well as the sins of the whole world, providing forgiveness. When a person receives Jesus Christ as Saviour, they receive that same forgiveness of all their sins that was accomplished back at the cross (Rom 6:10; 1 John 2:2).
B. When Jesus died, the of your sin died also on that cross because He took away sin (Rom 8:1).
<ul> <li>C. When you as a Christian sin now, its judgment is transferred back to the cross automatically. Since sin's power was severed, it can no longer affect your eternal destiny!</li> <li>D. Therefore, "reckon" (understand) yourself to be unto the sin that tempts you (Rom 6:11)! To be "dead" means, "not to respond to it like you used to." Now that</li> </ul>
you are born again, you no longer <i>have</i> to give-in to sin. Your flesh will still want to sin, but the Spirit of God in you is greater than your flesh (1John 4:4), and if you so choose, you can put-off (ignore) the desires of your flesh, and give-in to the desires of

psychology is increasingly stressing "self esteem," and it is increasingly creeping into Christian churches.

E. Paul wrote in 2Tim 3:1-5 how that people in the last days would be "lovers of their own \_\_\_\_\_..." Everyone seems to have ME, MY, & I as priority. The world's

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the Holy Spirit (Eph 4:22-24).

F.	Notice Matthew 10:38-39. Verse 39 says, "He that findeth his life shall it:
	and <u>he that loseth his life</u> for my sake shall it." What do you think Jesus
	meant by "losing his life?"
G	Read Philippians 2:3-8. Notice that verse 7 says that Jesus made himself of <u>no reputation</u> . Verse 3 says that we should esteem others better than ourselves. It is evident that godliness does not promote <b>self</b> , but rather <i>the death of self</i> . Could it be that <u>self</u> is what hinders us from becoming Christ-like after we are saved from the judgment of our sin?
Н.	Look at what Paul said about <i>his identity</i> before salvation (Philp 3:4-8). He said I count
	all of it but "". Is that how you feel about your identity?
I.	After salvation, Paul said in Gal 2:20 " <i>I am with Christ</i> " Who was living <i>through</i> Paul?! Jesus can live through you too!
IV.Se	paration Issues (James 4:4) - The Christian MUST separate from sin!
A.	The principle is: Keep yourself out of situations where you know that your flesh is
	<b>tempted to sin.</b> This is called <i>Separation</i> , and it is good! It is not negative, but rather positive since you are separating FROM ungodly things, UNTO <i>godly</i> things - so that you can live godly (Tit 2:11,12)!
В.	Some things to be separated from (2Cor 6:17):
	<ol> <li>Places where the <i>flesh</i> is in control and not the Holy Spirit like pubs, liquor stores, Discos, Night Clubs, <i>Secretive</i> Societies, Dance halls, gambling halls, and the like! This means do not allow yourself to just watch anything that is on TV!</li> <li>Places where people are <i>exposing a lot of their bodies</i>, or drawing attention to their bodies (like beaches that are packed with almost naked people). No Christian needs to be a hermit, or ugly looking in order to be spiritual. But a Christian is to show off the " man" by a godly life (1Pet 3:1-4).</li> <li>Stay away from anything that causes you to lose control of your will - like bad friends, or drugs, or drink, and anything else that stops you from choosing to do right.</li> <li>Things that (ruin) your body and health (1Cor 3:16,17).</li> </ol>
C.	Definite Areas of Separation Between Christians and Non-Christians:
	1. In (2Cor 6:14; Amos 3:3). You can fall in love with anyone.
	Make sure that it is the Lord who brings you two together, and not your own lusts!  2. Stay clear of all works of darkness (2Cor 6:14), and demonic worship (2Cor 6:15), and especially (2Cor 6:16). Don't toy with <i>Ouija</i> boards, <i>Tarot</i> cards, "crystals," and horoscopes (Lev 19:26; Dt 18:10-12) which are all Satanic.
	They are NOT of God.
	3. Stay out of friendships with the unsaved when they become wrong - i.e., they make demands on you that go against God (Acts 5:29) and try to pull you back into sin. Always be a witness though, and love them as Jesus did. "Speaking the truth in" (Eph 4:15).
	4. Stay far away from False teachers (1Tim 6:3-5), "from such thy-self" (1Tim 1:3,4; 4:7; Gal 3:1) and heretics (2 John 9-11) - Those that teach things contrary to clear Bible truths (like Jehovah's Witnesses, Mormons, etc)!
	5. Because, to this world is very dangerous (1 John 2:15,16)!

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### D. Some Basic Rules to Follow:

- 1. Decide to:
  - a. NOT love this , neither the things in it (1John 2:15,16)!
  - b. Seek guidance from God in prayer and Bible study regarding a particular issue that you don't understand (James 1:5).
  - c. Make sure that anything you are about to do glorifies God, and honours Jesus Christ (Col 3:17).
  - d. Use common sense If you have doubts about something, then **don't do it!** Most Christians disregard warnings and guilt, and just go ahead thinking they have "liberty" not remembering our adversary, the devil is a lion seeking only to (1Pet 5:8).
  - e. Do only things that you know Jesus Christ Himself would do if He was in your shoes (1Pet 2:21).

## 2. Separate yourself from:

- a. Anything designed to overthrow or cast doubt upon your faith in God (Rom 14:23), like false science (1Tim 6:20), and evolution.
- b. Anything that would destroy your testimony, or debase your morals and lead you to sin (Heb 11:24-26).
- c. And finally, anything that would harm your body physically, mentally or emotionally (1Cor 3:16,17; 6:18-20).
- 3. Separate yourself unto:
  - a. A life of service for our Lord (1Cor 15:58; Gal 6:9)
  - b. A life of holiness and purity (Titus 2:11,12)
  - c. A life for others (Matt 28:19,20) Soul-winning!

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