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# Ireland Christian Men's Camp 2016



## Studying the Life Principles of David's Mighty Men

*This Belongs to:* \_\_\_\_\_

*Team Name:* \_\_\_\_\_

**Bible Baptist Church of Ballincollig**

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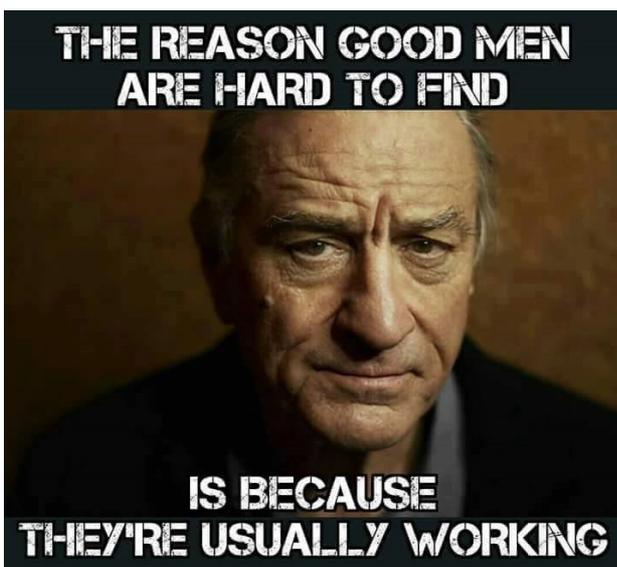
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# Welcome to Men's Camp 2016!

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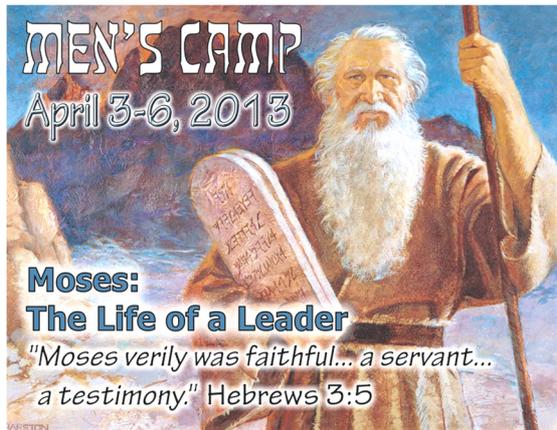
## Men's Training Camp 2016

# Schedule of Events

Time	Duration	Main Function	Support Function
<b>WEDNESDAY MARCH 30</b>			
2:00pm		Start Arriving at Camp - Unpack and Start Dinner	
3:00pm	2:30 hr	<b>Sports Time</b>	
5:30pm	1:30 hr	Dinner ( <i>Cheeseburgers &amp; Chips</i> )	
7:00pm	1:30 hr	<b>1<sup>st</sup> Session – Introduction</b>	<b>Craig Ledbetter</b>
8:30pm	3:00 hr	<b>Fellowship Time and Sports</b> Snack ( <i>Tea, Coffee, pie, ice-cream</i> )	
11:30pm	8:00hrs	Sleep	
<b>THURSDAY MARCH 31</b>			
7:30am	1:15 hr	Wake-Up and Shower	<i>Prepare Breakfast</i>
8:45am	1:30 hr	<b>Prayer Breakfast</b> ( <i>Scrambled Eggs, Porridge, etc.</i> ) - Men's Pray Grps	
10:15am	1:30 hr	<b>2<sup>nd</sup> Session – Mission Objectives Class</b>	<b>Dan Eberly</b>
11:45pm	1:15 hr	Lunch ( <i>Soup &amp; Sandwiches, etc.</i> )	
1:00pm	3:00 hrs	<b>Weapons and Warfare Training Classes</b>	
4:00pm	1 hr	<b>Break</b>	<i>Prepare Dinner</i>
5:00pm	1:45 hr	Dinner ( <i>Baked Ziti, Salad, Garlic Bread, etc.</i> )	
6:45pm	1:15 hr	<b>3<sup>rd</sup> Session – Adino - Relentless</b>	<b>Keith Hamilton</b>
8:00pm	1 hr	Dessert, Tea and Coffee - <b>Free Time</b>	
9:00pm	1:30 hr	<b>4<sup>th</sup> Session – Eleazar - Tenacious</b>	<b>Les Hill</b>
10:30pm	1:30 hr	<b>Bonfire</b> – Testimonies of Battles and Victories!	
12:00am	7:30hrs	Sleep	
<b>FRIDAY APRIL 1</b>			
7:30am	1:15 hr	Wake-Up and Shower	<i>Prepare Breakfast</i>
8:45am	30 min	Quiet Time Devotions	
9:15am	1 hr	Breakfast ( <i>Eggs, Beans, Sausage, Cereal, etc.</i> )	
10:15am	1:15 hr	<b>5<sup>th</sup> Session – What David Meant to His Men</b>	<b>Layton Kelly</b>
11.30am	30 min	<b>Break</b>	<i>Prepare Lunch</i>
12:00pm	1 hr	Lunch ( <i>Hot Dogs, Chips, Soup, etc.</i> )	
1:00pm	3:30 hrs	<b>Weapons Competition</b>	
4:30pm	30 min	<b>Break</b>	
5:00pm	1:15 hr	Dinner ( <i>BBQ Chicken, Mixed Veg, Salad, Rice, Potatoes, etc.</i> )	
6:15pm	1:15 hr	<b>6<sup>th</sup> Session – Shammah - Unmoveable</b>	<b>Declan Flanagan</b>
7:30pm	30 min	<b>Break</b>	
8:00pm	1:15 hr	<b>Operation 'Rescue Ziklag'</b> - Dessert, Tea and Coffee	
9:15pm	1 hr	<b>7<sup>th</sup> Session – When Ziklag was Lost</b>	<b>David O'Gorman</b>
10:15pm	1:45 hr	<b>Return to Camp, then Break Time</b>	
12:00am	7:30hrs	Sleep	
<b>SATURDAY APRIL 2</b>			
7:30am	1 hr	Wake-Up and Shower	<i>Prepare Breakfast</i>
8:30am	1 hr	Breakfast ( <i>Porridge, Cereal, etc.</i> )	
9:30am	1 hr	<b>7<sup>th</sup> Session – Reacting to a Whisper</b>	<b>Andrew Day</b>
10:30am	1 hr	<b>Pop-Corn Preaching</b>	
11:30am	1 hr	Pack-up and clean-up	
12:30pm	30min	Lunch ( <i>Sandwiches, Crisps, etc.</i> )	
1:00pm		<b>Leave for Home</b>	

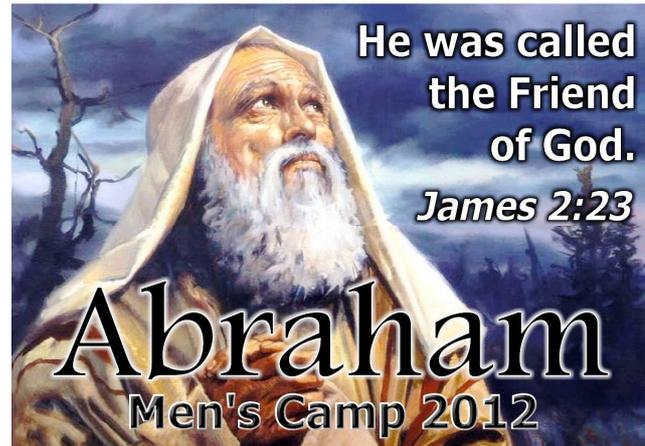
# Men of Faith We Have Studied Through the Years

**MEN'S CAMP**  
April 3-6, 2013



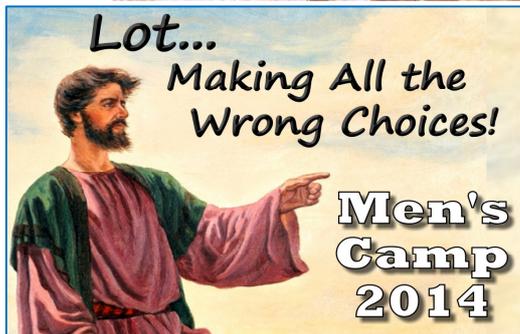
**Moses:  
The Life of a Leader**  
"Moses verily was faithful... a servant... a testimony." Hebrews 3:5

He was called  
the Friend  
of God.  
*James 2:23*



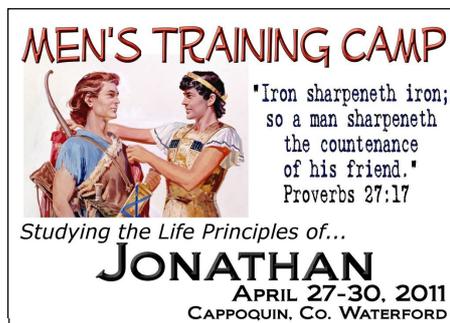
**Abraham**  
Men's Camp 2012

**Lot...**  
Making All the  
Wrong Choices!



**Men's  
Camp  
2014**

**MEN'S TRAINING CAMP**



"Iron sharpeneth iron;  
so a man sharpeneth  
the countenance  
of his friend."  
Proverbs 27:17

Studying the Life Principles of...  
**JONATHAN**  
APRIL 27-30, 2011  
CAPPOQUIN, CO. WATERFORD

**Faithful Men's  
Spiritual Retreat 2010**  
*Mt Melleray Scouting Centre*

Studying the Life Principles of  
**Adam**



"Be not deceived; God  
is not mocked; for  
whatsoever a man  
soweth, that shall he  
also reap."  
*Galatians 6:7*

**Taking Responsibility**

## John the Baptist 2003

**MEN of  
FAITH**



**Faithful Men's  
Spiritual Retreat 2008**  
*Bandon Faith Mission Camp*  
27<sup>th</sup> - 29<sup>th</sup> March, 2008

Studying the Life Principles of Job



"The LORD gave, and  
the LORD hath taken  
away; blessed be the  
name of the LORD."  
*Job 1:21*

**Holding Fast in Times of Trial**

**Faithful Men's  
Spiritual Retreat 2009**  
*Bandon Faith Mission Camp*

Studying the Life Principles of  
**Joshua**



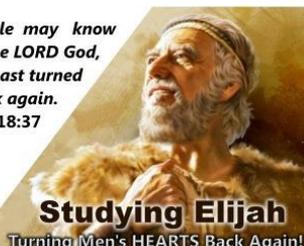
"But charge Joshua, and  
encourage him, and  
strengthen him; for he  
shall go over before this  
people, and he shall cause  
them to inherit the land  
which thou shalt see."  
*Deuteronomy 3:28*

**Preparing to Lead**

**MEN'S CAMP 2015**

*That this people may know  
that thou art the LORD God,  
and that thou hast turned  
their heart back again.*  
1 Kings 18:37

June 17-20  
Mt Melleray  
€75 Adult  
€45 Child



**Studying Elijah**  
Turning Men's HEARTS Back Again!

**Faithful Men's  
Spiritual Retreat 2006**  
*Muckross Venture Centre, Killarney*

Studying the Life Principles of:



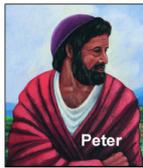
"When my soul fainted  
within me I  
remembered the  
LORD"  
*Jonah 2:7*

**Jonah**

**Doing the Will of God from the Heart!**  
(Ephesians 6:6)

**Faithful Men's  
Spiritual Retreat 2007**  
*Bandon Faith Mission Camp*

Studying the Life Principles of:



"And the Lord said,  
Simon, Simon, behold, Satan  
hath desired to have you, that  
he may sift you as wheat:  
But I have prayed for thee, that  
thy faith fail not:  
and when thou art converted,  
strengthen thy brethren."  
*Luke 22:31,32*

**Peter**

**Old Habits Die Hard!**  
*But the CAN die... on the cross!*

## Timothy 2005

## NOAH 2004



# The Mighty Men Song

## Mighty Men of Valour

To the tune of, "Onward Christian Soldiers"

Words and Arrangement by  
Craig Ledbetter and John Mahony  
© 2016 Bible Baptist Church Music



Mighty men of valour, Just aren't seen today.  
Men are living powerless, And are easy prey!  
David had some mighty men, Who alone stood tall,  
Proving God can forge great men from those who heed the call!

Mighty men of David, showing how to win.  
Make me Lord a mighty man, over every sin!

Mighty men of David, Did not start out right.  
With what was against them, God taught them to fight!  
These men made young David, captain of their lives;  
And they learned, that by their faith, victors earn the prize!

Mighty men of David, showing how to win.  
Make me Lord a mighty man, over every sin!

Adino kept on fighting 'til eight hundred fell;  
Eleazar fought so long His hand and sword had meld;  
Shammah, and Uriah, are men that we should know,  
So that we can strike great fears into our great foe!



Mighty men of David, showing how to win.  
Make me Lord a mighty man, over every sin!

Time is now against us, Let us join the war.  
Instead of Satan winning - Oh let men now roar!  
Wake up, stand, and take the fight, to the battle field!  
Let's be men who trust in God, as our strength and shield!



Mighty men of valour, choosing now to win.  
Make me Lord a mighty man, over every sin!

## **We Need More Godly Men**

*Where have all the godly men gone? Where are the ones who have committed themselves to firmly obeying God's Word? It is up to us who have surrendered ourselves to God, to lead and encourage others to also make that same commitment. Many men simply need some help. A born-again believer in Christ, standing firm on the word of God has a responsibility to encourage and help all our brothers to be focused on becoming, and remaining godly men.*

*What does it mean to be a godly man? Simply put, it is living a life with the Lord Jesus Christ in control of our words, actions and our every decision! Anybody can "act" like a man, but only when someone yields to Christ's authority over their lives, will a man start to live godly! Godly men don't leave the raising of their families to the wife, or to the school, or even to the church – they personally lead their families in a humble walk with God! They grow in their own faith, and that results in their family also growing in their own faith. Godly men love their Lord, their wife, their children, and their calling, whatever God asks them to do and be.*

*A godly man is firmly devoted to his family. The godly man doesn't leave his children, break-up the family unit, or go out seeking another woman to be his companion. His wife is precious in his eyes and their marriage is a lifelong commitment. For a godly man there is no thought of shattering his family to pursue other interests. All of his personal interests are now always connected with his family.*

*Godly fathers have decided to be the example that their children will follow. Children are not fooled; many dads talk the religious talk, but when it comes to walking the walk, they constantly stumble, and their children notice. Gentlemen, are you reading your Bible, and obeying it, or... is your real interest in sports, movies, hobbies and your work? Children living in that type of household grow up totally rejecting the whole idea of following Jesus Christ. A son naturally looks to his father to learn to be a man. If that father does not take obeying God seriously then the son will not take God seriously either. A daughter looks to her father to understand what a husband should be. If her father compromises his role as a godly husband, the daughter will compromise in her choice of a husband. Is that what you want?*

*Men, we are raising the next generation, and for this reason we must stand up for Jesus Christ in our lives NOW while our children are young and allow them to witness first hand our faith and our love for Christ as we love them and as we publicly demonstrate our love for our wives. Too many families have been torn apart.*

*Every man and boy has the potential to grow to be a godly man. It's just a matter of just one person in their home being godly - learning the strong truths of God and then putting those precepts into place. Will YOU be that one person?*

*This weekend, tear down every idol that is stopping you from being godly. Because this world, our churches, and especially our families need to see more godly men!*

## Scriptures to Memorize

*Meditate on these throughout the Retreat for best effect on your mind and heart!*

<p><b>2 Timothy 4:7</b>  <b>I have fought a good fight, I have finished my course, I have kept the faith.</b></p>	<p><b>Ephesians 6:10</b>  <b>Finally, my brethren, be strong in the Lord, and in the power of his might.</b></p>
<p><b>Philippians 4:13</b>  <b>I can do all things through Christ which strengtheneth me.</b></p>	<p><b>1 Timothy 6:12</b>  <b>Fight the good fight of faith, lay hold on eternal life.</b></p>
<p><b>2 Corinthians 10:3-5</b>  <b>For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.</b></p>	<p><b>Jeremiah 9:23,24</b>  <b>Thus saith the LORD, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches: But let him that glorieth glory in this, that he understandeth and knoweth me, that I am the LORD which exercise loving-kindness, judgment, and righteousness, in the earth: for in these things I delight, saith the LORD.</b></p>
<p><b>Hebrews 4:12</b>  <b>For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.</b></p>	<p><b>Ephesians 6:12</b>  <b>For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.</b></p>
<p><b>Proverbs 16:32</b>  <b>He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city.</b></p>	<p><b>1 Samuel 17:47</b>  <b>And all this assembly shall know that the LORD saveth not with sword and spear: for the battle is the LORD'S.</b></p>
<p><b>Proverbs 28:1</b>  <b>The wicked flee when no man pursueth: but the righteous are bold as a lion.</b></p>	<p><b>2 Timothy 2:3</b>  <b>Thou therefore endure hardness, as a good soldier of Jesus Christ.</b></p>
<p><b>Psalms 144:1</b>  <b>Blessed be the LORD my strength, which teacheth my hands to war, and my fingers to fight.</b></p>	<p><b>1 Peter 2:11</b>  <b>Dearly beloved, I beseech you as strangers and pilgrims, abstain from fleshly lusts, which war against the soul.</b></p>
<p><b>2 Timothy 2:4</b>  <b>No man that warreth entangleth himself with the affairs of this life; that he may please him who hath chosen him to be a soldier.</b></p>	<p><b>Ephesians 6:13</b>  <b>Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.</b></p>
<p><b>Jeremiah 12:5</b>  <b>If thou hast run with the footmen, and they have wearied thee, then how canst thou contend with horses?</b></p>	<p><b>2 Corinthians 4:7</b>  <b>But we have this treasure in earthen vessels (in us), that the excellency of the power may be of God, and not of us.</b></p>

# If You Believe the Bible... then, You're Not Alone!

These are many of the Bible believing Pastors and Churches here in Ireland  
Thank God for these truly Faithful Men – God's Men!



**Who else will join us to reach this island with the Gospel?**

No one is in Killarney	 Pastor O'Keeffe Carrigaline Baptist, Carrigaline, Cork	 Pastor Flanagan Lighthouse Baptist, Swords
No one is in Athy	 Pastor O'Sullivan Blanchardstown Baptist	 Pastor Canavan Hope Baptist, Dundrum
No one is in Kildare	 Phil Tharp Drogheda	 Pastor David O'Gorman Lifegate Baptist Tallaght
No one is in Carlow	 Pastor Wilson Northwest Baptist, Derry, NI	 Pastor Zemeski Riverview Baptist, Leixlip
No one is in Dundalk	 Pastor Ledbetter Bible Baptist, Ballincollig, Cork	 Pastor Hill Gospel Light Baptist, Lucan
No one is in Kilkenny	 Pastor Finley Redemption Baptist, Athlone	 Pastor Parrow Naas Baptist, Naas
No one is in Tralee	 Pastor Moore Carrick Baptist, Carrick-on-Shannon	 Pastor Pero Calvary Baptist Bray
No one is in Tipperary	 Pastor Stewart Mallow Bible Fellowship, Mallow	 Pastor O'Gorman Arklow Baptist, Arklow
No one is in Youghal	 Pastor Bowman Golden Vale Baptist, Charleville	 Pastor Hamilton An Carrig Baptist, Limerick
No one is in Clonmel	 Dan Eberly Macroom Bible Study	 Pastor Smith Calvary Baptist, Bishopstown, Cork
No one is in Wexford		 Pastor Thatcher Anchor Baptist, Waterford
No one is in Port Laoise		
No one is in Sligo		
No one is in Ennis		
No one is in Castlebar		
No one is in Ballina		

## Introducing David's Mighty Men

*1 Samuel 23*

*Can you fill in the missing information?*

This weekend, we will go on a journey. A journey back in Bible times to the days of David. Deep into the rocky wilderness of Judaea. There are no trails where we are going. In fact, there are very few men who even know the exact place of our destination.

We will head out of Bethlehem towards the southeast. Everything is off-road here as we set off into the hills. This is wilderness land, a wild land, a land of hills, caves, and rugged valleys. Our destination is the stronghold of Engedi, a hideout in the hills just west of the shores of the Dead Sea.

Our purpose for this study is to catch a glimpse of a rare breed of men. The Bible calls them, "Mighty Men" (**2 Samuel 23:8**). These are men who loved David, were feared by the Philistines and Amalekites, and were admired by the Israelite women and children they defended. They are honoured in the Scripture as examples of what Biblical manhood ought to be.



David's Valiant Men by James Tissot

To appreciate the kind of men they were, we have to throw out all of our modern notions of manliness, success, and strength. That means erase from our minds the picture of the twentieth century man, sitting on his couch watching sports while his kids play video games. The contrast between our modern culture and the days of the mighty men of David could not be more extreme.

You see, in the Mighty Men of David we find real manhood and true heroism. And God has recorded the lives of these men so that we might learn and profit by their example ***“For whatsoever things were written aforetime were written for our \_\_\_\_\_, that we through patience and comfort of the scriptures might have hope.”*** (Romans 15:4)

Today, we live in a world full of selfishness, a world empty of righteousness. And we Christians are for the most part to blame. An unsaved man knows no better than to live only for himself. He is selfish and carnal because he is his own god. But Christians should know better!

## Men's Training Camp 2016

There should NOT be any selfish, carnal, lazy, and apathetic Christians. Believing men, blood-bought men, born again men, should be, by the grace of God MIGHTY MEN - men that lead their wives and children in holiness, obedience to God's law, and genuine godliness. Men that are glad they are men, who take the lead when called upon, who give glory to God when things go well, and take responsibility when they don't.

Yet, Biblical Christianity stands in peril, with most Christian men sitting idly by, dozing in their apathy, soaking in the world, comfortable in their easy chair in their man-cave, distracted by their own entertainments and pleasures, their minds dulled by the barrage of images, sights, and sounds of the modern world.

In the very midst of such a sinful culture as ours is today, and in the midst of a lukewarm church that has caved in to wishy-washy Christianity, God is searching for some mighty men.

### The Stronghold of the Wilderness of Engedi

One of the wilderness abodes of David was known as Engedi. These are the barren wastelands west of the Dead Sea.

Engedi, which means "the spring of the wild goats" was one of David's many hiding places. It was a natural fort that he and his men could hide in. Almost no one could find them once they were there. You would have to hike many tortuous miles through the winding gullies and over the jagged boulders just to get where David and his men stayed for weeks and months at a time. There was no path. There were no signs. This hiding place was very, very hard to find. King Saul tried countless times to find the very place, but to no avail.



### Meet Their Leader - David



David is a young man that God calls, "*a \_\_\_\_\_ after mine own heart.*" (Acts 13:22) David is not even 30 years old, and yet he is considered by these men, worthy of following, obeying, and dying for!

Now, outwardly, David has nothing in this world. He is an outcast, hated by the Philistines, hunted by Israel's King Saul, and hiding in caves in the southern wilderness. What does David have to cling to? Why does David press on and lead these men?

All he has is a distant memory, of a day, many years earlier, when a prophet named Samuel visited his home and poured a horn of oil upon his head, announcing that David was chosen by God to be the next king of Israel. Deep in his soul, David believed the promise of Samuel. But now it has been many years later, and David is not the king yet. He is still waiting, hiding here in the wilderness of Judaea. But he is still believing!

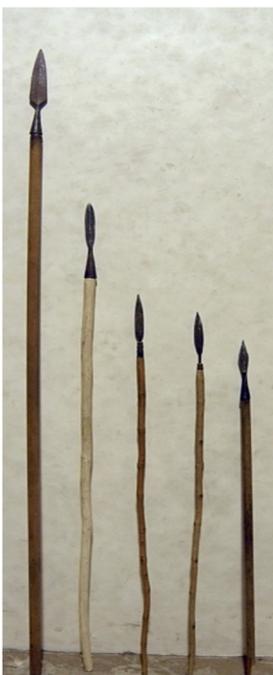
## Men's Training Camp 2016

### Around David Sit His Men

You could not call them an army, because no two men are dressed alike. They were rough, with no medals or pageantry. Their arms are brown. Their hands are calloused, not from the plough, but from the sword. Their faces are weathered from a thousand nights spent in the wilderness air. They are armed with all sorts of crude weapons. The Bible tells us in **1 Samuel 13** that during this period of Israelite history, the Philistines controlled the availability of all weaponry in Israel. In fact, the Bible says in **1 Samuel 13:19** that there was no blacksmith in all of Israel, so almost no one had swords of their own. As an example, at the battle of Michmash, a few years before David slew Goliath, the only two Israelites that owned swords were Jonathan and king Saul (**1 Samuel 13:22**).

Thus, David's mighty men are anything but properly equipped for battle – at least as far as what people today would expect. They were armed with all sorts of simple weapons:

**Staves** - A wooden staff (pole) between 2 and 2.5 meters in length, sometimes with a metal tip or spike at one or both ends.



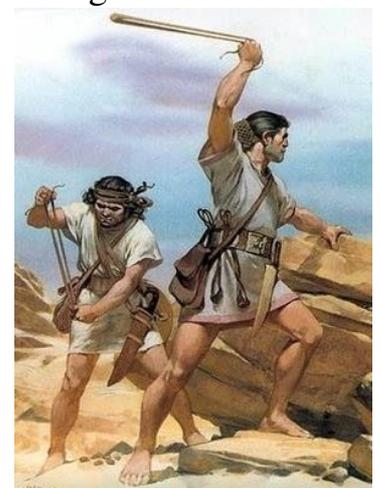
**Spears** - A spear is a pole weapon consisting of a shaft, usually of wood, with a pointed head. The head may be simply the sharpened end of the shaft itself, as is the case with fire hardened spears, or it may be made of a more durable material fastened to the shaft, such as flint, obsidian, iron, steel or bronze. The most common design for hunting or combat spears since ancient times has incorporated a metal spearhead shaped like a triangle, lozenge, or leaf. The heads of fishing spears usually feature barbs or serrated edges.

**Javelin** - A javelin is a heavy spear designed primarily to be thrown by hand.

**Bows and arrows** - A weapon made of a curved piece of wood or other flexible material whose ends are connected by a string, used for shooting arrows. Arrows were wooden projectiles consisting of a shaft, a point, and a tail with stabilizing fins

**Slings** - A sling is a projectile weapon typically used to throw a blunt projectile such as a stone, clay, or lead "sling-bullet". It is also known as the shepherd's sling. A sling has a small cradle or pouch in the middle of two lengths of cord. The sling stone is placed in the pouch. The middle finger or thumb is placed through a loop on the end of one cord, and a tab at the end of the other cord is placed between the thumb and forefinger. The sling is swung in an arc, and the tab released at a precise moment.

**Swords & Knives** - a tool with a cutting edge or blade, hand-held or otherwise, with most having a handle. Some knives were a double-edged combat knife with a central spine and edges sharpened their full length, used primarily for stabbing. Swords



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are longer versions of knives and are designed to inflict a lethal injury in a physical confrontation between two or more individuals at very short range.



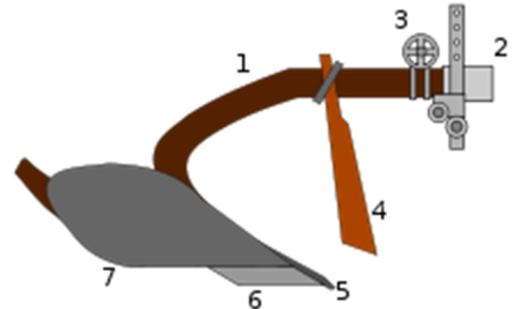
**Axes** - an arm-length tool borne in one or both hands. It delivers more cleaving power against a smaller target area, making it more effective against armour, due to concentrating more of its weight in the axe head.

**Clubs** - Among the simplest of all weapons: a short staff or stick, usually made of wood, wielded as a weapon since prehistoric times. Most clubs are small enough to be swung with one hand, although larger clubs may require the use of two to be effective.

As well as all sorts of crude farm implements like:

**Coulters** - A vertically mounted knife-like blade component of many ploughs that cuts an edge about 7 inches (18 cm) deep ahead of a ploughshare. (#4 in diagram)

**Ox-goads** - A long, pointed stick used to prod animals. The Israelite judge, Shamgar, slew 600 Philistine men with such a stick in **Judges 3:31**.



**Pruning hooks** - a long-handled pruning saw with a curved blade at the end and sometimes a clipper; used to prune small trees.

**Mattocks** - A versatile hand tool, used for digging and chopping, similar to the pickaxe. It has a long handle, and a stout head, which combines an axe blade and a pick.

**Large Stones** - These were men who could throw massive rocks with deadly accuracy. The force of the impact of the rocks could crush bone, especially skulls.

**Scythes** - An agricultural hand tool for mowing grass or reaping crops.

**Mauls (sledgehammer)** - A tool with a large, flat, often metal head, attached to a handle. The size of its head allows a maul to apply more force than other hammers. This gives the maul the ability to distribute force over a wide area.

For these men, battle was tough, mean, and bloody. Combat was eyeball to eyeball, and knuckle to knuckle. Battles were often unfair and yet they pressed on. When you lost your scythe, you fought with stones. When the stones ran out, you fought with your bare hands, teeth, and nails. No quarter was ever asked. And no quarter was ever given. Every fight was to the death.

### David's Elite

David's mighty men were different than David's main army. These men were the special forces, the select corps, the trusted few. David commanded 600 men, but at the end of David's life, only 37 qualified to be known as MIGHTY MEN.



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They were soldiers who had distinguished themselves in David's army. Most of them had joined David early, while he was still a fugitive from king Saul. These men shared the difficulties with David of Saul's persecution. Some became part of his regular army and others later, when David became king. The mighty men were an odd assortment of warriors who had joined David's band for differing reasons.

**1 Samuel 22:2** describes the first recruitment of David's band of men, "*And every one that was in \_\_\_\_\_, and every one that was in debt, and every one that was discontented, gathered themselves unto \_\_\_\_\_; and he became a \_\_\_\_\_ over them: and there were with him about four hundred men.*"

So, at the beginning, this was anything but a unified army. Every conflicting interest was represented. Some men had joined for political reasons. Some had merely wanted out of their debt. Some simply had been looking for something different. Not all were Godly. Not all were heroes.

Of these, most did not last. But from these ranks of broken men developed a handful of thirty seven warriors who became the finest warriors in all the history of war.

### Let's Take a Brief Look at Some of David's Mighty Men

**Adino** – What would you do if you were surrounded by an innumerable force of enemies that are seeking only to kill you? Adino was put in such a position several times and never backed down. He was also known as Jashobeam (**1Chronicles 11:11**), and he was the chief among all the captains of the Mighty Men. Adino stood up to, and fought against an army attack, and ending up slaying eight hundred men with just his spear. During an earlier battle, he single-handedly slew \_\_\_\_\_ men! In other words, Adino fought until there were no more enemies to fight! He was relentless and did not quit until the job was finished.



**Eleazar** - The son of Dodo the Ahohite. Eleazar was second behind Adino of the Mighty Men. During a battle in which the Philistines gathered together to attack the Israelites, Eleazar was the only man that stood between them and their destructive victory.



Everyone else able to fight was gone. The only ones left behind were the women and children. Eleazar knew he was their only defence, so he alone stood up to and fought against the Philistine attack. He fought on in spite of fatigue and he smote the Philistines until \_\_\_\_\_ (**2Samuel 23:10**), and his hand \_\_\_\_\_ unto the sword. What does that mean? \_\_\_\_\_.

When the Philistines were defeated, Eleazar could not open his hand to let go of his sword. Though he did an amazing feat that day, he wasn't seeking praise for it. All the glory for the victory belonged to his Lord. He knew that it was God who gave him the strength and courage to press on and to continue fighting when it was easy to quit due to fatigue. It is interesting that all the men only returned after the battle in time to enjoy the spoil of the battle. It is obvious that Eleazar was tenacious and determined. He didn't just "talk" about what he was going to do against the Philistines, he got up and did it!

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**Shammah** – The son of Agee the Hararite. Shammah was one of the three mightiest men in David's army. The Philistines were always a threat to the Israelites. One day, they attacked a field of lentils (beans), hoping to take away the food supply of the Israelites. Those who were working in the fields there fled, and only man left to guard the fields was Shammah. Shammah knew the importance the crops



were to Israel's survival. This field of beans may not have seemed important to anyone else, but Shammah knew it was greatly needed. So, alone, Shammah stood his ground against the attacking forces of the Philistines. He did not regard their strength and military abilities, and did not want to let the enemy have any more ground. So, when the enemy came... they did not return home that day! What was one man against such an army? But they did not realize that \_\_\_\_\_ was with Shammah and that \_\_\_\_ gave him the victory (**2Samuel 23:11,12**). Though no man helped Shammah, he did have God! Shammah was purposed, unmoveable, unshakeable, and steadfast in his commitment to the fight. He realised there are some things worth fighting for against all odds.

**Abishai** – Abishai was David's nephew, and brother to Asahel and Joab. His father's name is never given, only his mother, \_\_\_\_\_ (**2Samuel 23:18; 1Chronicles 2:16**). Abishai was one of the first to join David when David was fleeing from Saul. Abishai was always quick to defend David but had to be kept in check. Abishai had great zeal and love for his king, even though he was his uncle. Abishai was a formidable warrior. In one battle, Abishai slew \_\_\_\_\_ men (**2Samuel 23:18**) with his spear! Abishai came to David's rescue when Ishbibenob, brother of Goliath, sought to kill David when David was fatigued from the battle. In another instance, Abishai led his men into battle and slew \_\_\_\_\_ Edomites in the valley of salt (**1Chronicles 18:12**). The Bible calls Abishai \_\_\_\_\_ (**2Samuel 23:19**). He was far from perfect, but he desired to serve David without question and became one of the three top captains of the Mighty Men. Abishai was an able commander and his brother, Joab, knew he could always trust his brother in battle.



**Benaiah** – Benaiah was a Mighty Man from an unexpected background. His father, Jehoiada, was a chief priest, the son of a valiant man of Kabzeel. Benaiah was strong, trustworthy, and loyal. Of his physical strength accomplishments, he slew two lionlike men of Moab, and another time he went down and slew a lion in the midst of a pit in the snow. In another battle, he slew an giant sized Egyptian. The Egyptian had a spear in his hand and Benaiah went down to fight him with only a staff (a stick). Benaiah ended up plucking the massive spear out of the Egyptian's hand and then killed him with his own spear! David placed Benaiah in charge of a group of men called the Cherethites and the Pelethites, who were the bodyguards of king David. David trusted Benaiah with his life and his family. Solomon would one day make Benaiah the overall general of his army. Benaiah was a godly man and his children and grandchildren continued to serve the Lord even until the days of king Jehoshaphat.

**Uriah** – The name of this man is usually only associated with David's sin of adultery with Uriah's wife, Bathsheba! But Uriah was not just a nobody that happened to be married

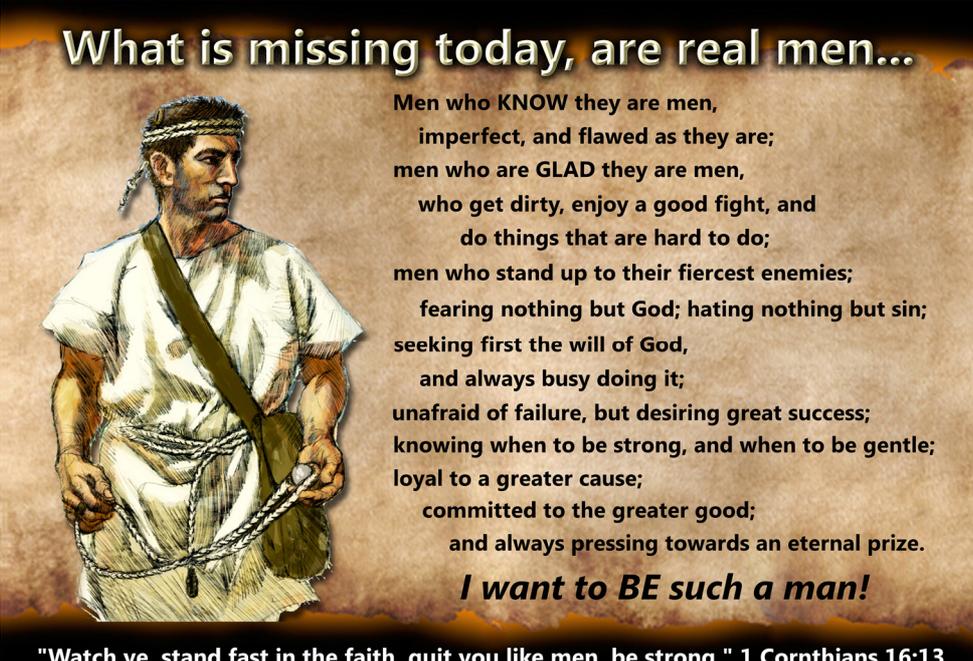
## Men's Training Camp 2016

to Bathsheba. Uriah was actually one of David's best men! See **2Samual 23:39** where he is listed last in the list of \_\_\_\_\_ Mighty men of David!

Uriah was a Hittite - a Gentile, not a Jewish man. Yet, as a convert to faith in Jehovah, he was a person with more honour and virtue and integrity than David ever had. Uriah had left his pagan nation and people and had joined with David. God blessed Uriah as he served under David. God even gave Uriah a beautiful Israelite wife named Bathsheba. He became well known as a cunning and skilful warrior, and became part of David's Mighty Men. Sadly, the greatest test of his integrity came from those whom he loved the most. Both his wife and king betrayed him in their sin of adultery. To cover up her pregnancy, David recalled Uriah from the front lines of battle and told him to go home to his wife. But Uriah instead stayed in the barracks with the rest of David's servants. Uriah felt that as long as all the other soldiers remained in the fields, he could not go to his home and enjoy comfort and be with his wife. David then caused him to become drunk, hoping Uriah would go home and be with Bathsheba, but he would not. He went back to where the servants slept and would not go home. Desperate, David called him the next day and gave him special instructions to give to Joab. David knew Uriah would not look at the message. It was Uriah's own death sentence. Upon giving it to Joab, Uriah was placed at the fiercest part of the battle near the city walls, and the rest of the army pulled back. That left Uriah abandoned, and he was slain. His final defeat was at the hands of his own king, his wife, and his general. And through it all, he stayed courageous, faithful, and true!

There are just some of the Mighty Men of David listed in 2 Samuel, and 1 Chronicles. But they are dead and gone. Today, we desperately need Mighty men of God! Men who are willing to fight for souls, for righteousness and holiness, and against Satan, and sin. Men who **STAY** in the fight. Who hold onto their weapons (the word of God, prayer, preaching, soul-winning, believing God), never dropping them, never exchanging them for anything inferior... all so that **OUR** nation, our families, our testimonies would be protected, and would be blessed of God!

Will you join with the few, the courageous, the determined, Mighty men of God?



**What is missing today, are real men...**

Men who **KNOW** they are men,  
imperfect, and flawed as they are;  
men who are **GLAD** they are men,  
who get dirty, enjoy a good fight, and  
do things that are hard to do;  
men who stand up to their fiercest enemies;  
fearing nothing but God; hating nothing but sin;  
seeking first the will of God,  
and always busy doing it;  
unafraid of failure, but desiring great success;  
knowing when to be strong, and when to be gentle;  
loyal to a greater cause;  
committed to the greater good;  
and always pressing towards an eternal prize.

***I want to BE such a man!***

**"Watch ye, stand fast in the faith, quit you like men, be strong." 1 Corinthians 16:13**

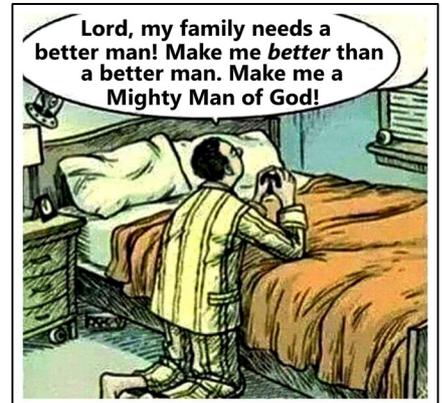
## Session 1 – David's Mighty Men

*Pastor Craig Ledbetter – Bible Baptist Church, Ballincollig, Cork*

*“These be the names of the mighty men whom David had...”*

*2 Samuel 23:8*

### Sermon Notes:



## A Man's Quiet Time

### How Does a Real Man Walk with His God?

Please read this simple explanation of how to prepare your heart for a daily serious time with God through His word. It will make all the difference in the world to come humbly before the throne of grace. **Hebrews 4:16**. We need God's help!

**Start with Prayer!** Find yourself a place every day to get alone with God. Remember **Matthew 6:6** "*But thou, when thou prayest, enter into thy closet...*" It is when we are *by ourselves* seeking the Lord that we hear His still, small voice. Start with opening your heart to God. Allow Him to do an inspection of what is in your thoughts and feelings. **Psalm 139:23** says, "*Search me, O God, and know my heart: try me, and know my thoughts.*" Be honest with yourself, and honest with God. Ask God to search for any sins you may have buried in your heart. **Psalm 139:24** says, "*And see if there be any wicked way in me, and lead me in the way everlasting.*" David, realizing he had sinned against God, asked for a cleansing. God wants us all very clean in our hearts! **Psalm 51:2** says, "*Wash me thoroughly from mine iniquity, and cleanse me from my sin.*" Let God cleanse your life as you do the following three things: **1. Acknowledge** - admit the sins He reveals are there in your heart. **2. Confess** - admit that you have sinned before an all holy God. **3. Forsake** - leave each sin, abandoning everything that has separated you from God. Decide by God's power to quit doing the same sins that God reveals to you in your quiet time, and has already forgiven, and cleansed you from. Remember the Lord's promise - **1 John 1:9** "If we confess our sins, he is faithful and just to forgive us *our* sins, and to cleanse us from all unrighteousness."

**Humble yourself.** The Bible says in **Isaiah 57:15a**, "*For thus saith the high and lofty One that inhabiteth eternity, whose name is Holy; I dwell in the high and holy place, with him also that is of a contrite and humble spirit...*" We have a great need every day to humble ourselves as we prepare to walk with God. This means there must be a **personal brokenness** to cause us to always depend upon the Lord. God wants to fully "dwell" in our heart, but He will not force His way in, nor will He honour a sinful, wicked heart. Once your heart is clean, tell God you are coming under His perfect authority, and that you want to obey Him all day long. God desires to fellowship with you, but only with the right attitude!

**Tell God what you need!** Cast all your worries, cares, and every need upon Almighty God. He loves to answer our impossible prayers! He delights to have our strength renewed in our daily walk with Him. Believe God wants to give you a peace and strength far beyond what we are used to. So, pray about everything! Real men don't fight, get angry, frustrated, and defeated when things don't work out. Real men, pray and trust God to do for them every thing they themselves cannot do!

**Read at least two chapters** every day from Genesis to Revelation in your Bible!

**Finally, Thank Him for His Blessings** - Read and meditate on these verses. **Philp 4:6** "*Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.*" **Col 4:2** "Continue in prayer, and watch in the same with thanksgiving." We have got a lot to be thankful for. Write some blessings on your heart and mind right now. Praise Him for His goodness to you!

***Go now and have a great walk with the Lord... Every day***

## Personal Devotion – Thursday Morning

*Go ahead gentlemen, and be glad you are a MAN!*

Before you try and be a Mighty man... BE a MAN! 1 Kings 2:2 says, "*be thou strong therefore, and shew thyself a man.*"

Some people today hate being male! But there is nothing wrong with being a man. It may be hard, and it may be unpopular to be really male these days, but we are encouraged in 2Samuel 10:12 to "*Be of good courage, and let us \_\_\_\_\_ for our people, and for the cities of our God: and the LORD do that which seemeth him good.*"

So, this morning, look up the following Scriptures, ponder what it is talking about, and then write the letter of the characteristic from the right that matches the verse next to it.



Act 15:26 *Men that have \_\_\_\_\_ their lives for the name of our Lord Jesus Christ.*

1Corinthians 9:24,25 *Know ye not that they which run in a race run all, but one receiveth the \_\_\_\_\_? So run, that \_\_\_ may obtain. And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an \_\_\_\_\_.*

2Sam 2:14 *And Abner said to Joab, Let the young men now arise, and \_\_\_\_\_ before us. And Joab said, Let them arise.*

Ephesians 5:29 *For no man ever yet \_\_\_\_\_ his own flesh; but nourisheth and \_\_\_\_\_ it, even as the Lord the church.*

Romans 12:11 *Not slothful in business; \_\_\_\_\_ in spirit; serving the Lord.*

2Samuel 6:14 *And David danced before the LORD with \_\_\_\_\_; and David was girded with a linen ephod.*

Genesis 1:26 *And God said, Let us make man in our image, after our likeness: and let them have \_\_\_\_\_ over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.*

*Men love to do awesome things*

- A. We love to win.
- B. We love working long and hard.
- C. We are not easily ashamed
- D. We wrestle and fight for FUN.
- E. We love showing off.
- F. We love adventure – doing new things, conquering new lands.
- G. We take risks.
- H. We don't hate ourselves.



We also dig holes, for no other reason than that it is fun! And we don't mind getting dirty! We yell, are loud, get angry, and we get over it! We love excitement (we hate being bored). We love protecting things – especially girls. We love things that are weird. So, in other words, we make noise, we snore, we grunt, get filthy, and are make a lot of noise when we walk. So girls, get over it. And guys, be very glad for it! Now, NOT everything we as men do is RIGHT, but we are what we are, and God doesn't change us from being men, but instead refines us, and makes us **better men**, godly men, men like Jesus Christ was! We are men first. And be glad for just being male. As a matter of fact, LOVE being a man! God made you this way, and it is just fine! Right now, thank God you are a man! And ask God to make you a **better man** this weekend!

Ephesians 4:22,24 says, "*That ye put off concerning the former conversation the \_\_\_\_\_, which is corrupt according to the deceitful lusts; ... And that ye put on the \_\_\_\_\_, which after God is created in righteousness and \_\_\_\_\_ holiness.*"

## Session 2 – Mission Objectives Class

*Dan Eberly – Macroom Bible Study*

*“No man that warreth entangleth himself with the affairs of this life; that he may please him who hath chosen him to be a soldier.”*

*2 Timothy 2:4*

**We are going to make a SOLDIER out of you this week, with the help of God!**

**TEAM NAME:** \_\_\_\_\_

1. **Mighty Men** \_\_\_\_\_  
(Mark 12:30)

2. **The Mighty Man has a** \_\_\_\_\_  
**Attitude** (Matthew 23:11)

3. **The Mighty Man** \_\_\_\_\_  
**Upon the Lord** (Philippians 4:13)

4. **The Mighty Man Fights a** \_\_\_\_\_  
(1 Samuel 17:9)

5. **The Mighty Man Has Personal** \_\_\_\_\_  
(Proverbs 25:28)

The Adonites  
Benjamites  
Gadites  
David's men  
David's mighty men  
The Lord's mighty men  
Courageous men  
Defenders of the faith  
Valiant warriors  
Servant soldiers  
Loyal soldiers  
Trusted fighters

## Weapons and Warfare Class

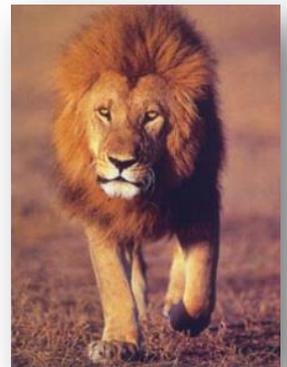
*“Blessed be the LORD my strength, which teacheth my hands to war,  
and my fingers to fight.” Psalm 144:1*

### I. Introduction

- A. These are four sets of lessons that teach spiritual application to the weapons, enemies, and targets of this Camp
- B. The major weapons in ancient times were:
  - 1. Bows and slings for long range
  - 2. Javelins for medium range
  - 3. Swords, axes, spears, staffs, and maces for short range.
- C. Let God TEACH you this weekend how to fight the good fight of faith with weapons beyond the ones you hold in your hands!

### II. What do we need to know about our enemy? (1 Peter 5:8)

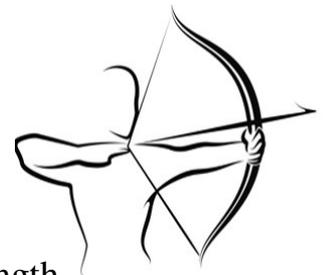
- A. He is smart – smarter than you ever could be.
- B. He knows you
- C. He is \_\_\_\_\_ (2 Corinthians 11:14)
- D. He is out to kill and \_\_\_\_\_ (John 10:10)
- E. He MUST be defeated - never tolerated, or ignored!
- F. Any Christian man CAN defeat Satan (James 4:7)!
- G. Besides Satan, our enemies include:
  - 1. Old habits
  - 2. Demonic attacks
  - 3. Temptations to sin against God
  - 4. The world's culture and lies that we tend to believe and hold onto



### III. What can we learn about Bows and Arrows?

- A. Bows are the means to sending an arrow to a target.
- B. Arrows are the actual weapon that inflicts damage to the enemy
- C. What a bow and arrows are to the Christian Man (\_\_\_\_\_)

  - 1. The Bow
    - a. Is the Bible – the word of God
    - b. It is strong, and able to deliver truth after truth after truth that strikes at every lie, and every temptation
    - c. It withstands the pulling and stress of the fight
    - d. When used correctly, it is the foundation of our strength
    - e. It is doctrine, and absolute
    - f. The bow is a symbol of victory (Psalm 7:12)
    - g. It is the source of a Christian's confidence



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h. So, **strengthen** YOUR bow (**Genesis 49:24**) – keep it taut!

### 2. The Arrows

- a. Arrows are truths that the bow (the Bible) propels at our enemies
- b. They are sharp, and pointed, and straight like God's truths are
- c. They pierce into the flesh - They cut to the heart
- d. Arrows (truths) only work when they are aimed at a target
- e. Have many Scriptures memorized – just as Jesus did in Matthew 4.

## IV. What can we learn about Spears, and Javelins? ( \_\_\_\_\_ )

- A. A spear is a pole with a sharp, pointed head at its tip.
- B. Spears and javelins are both for use in close combat and can also be used to attack and kill your enemy at great distances.
- C. Saul threw a \_\_\_\_\_ at David when he was upset with him (**1 Samuel 18:10,11**).
- D. To use a spear:
  1. Your eye must be kept on your target – your enemy. You have got to keep your eye on the enemy - **“Be sober, be vigilant”**
  2. You have to throw the spear or javelin with all your might – you can't just “toss” it and have any effect on your enemy.
  3. Always keep the spear between you and him - like keeping the Word of God in your heart so that when Satan attacks, he can't get beyond the truths you have memorised (**Psalm 119:11**)
  4. When the devil attacks pull out your spear and thrust home a verse of scripture, just like Jesus did. (**Matthew 4:4**)
- E. Javelins had to have the right balance to be the most effective. A Christian man needs to also have the right balance in his life – between family, work, and ministry. When one area is out of balance it causes much damage to the others. A man can be so focused on his work that his family is discarded aside and it will crumble. A man could also be so focused on his family that he doesn't work and doesn't minister to other people.
- F. Think of the fact that you could throw your javelin of prayer or a believed truth from the word of God for a fellow soldier who is fighting in another part of the battle. So, no matter where we are in the country of Ireland, Christian soldiers should be fighting the same battle against the same enemy and we need each other's help in praying specifically for each other, and against whatever enemies they may be facing.

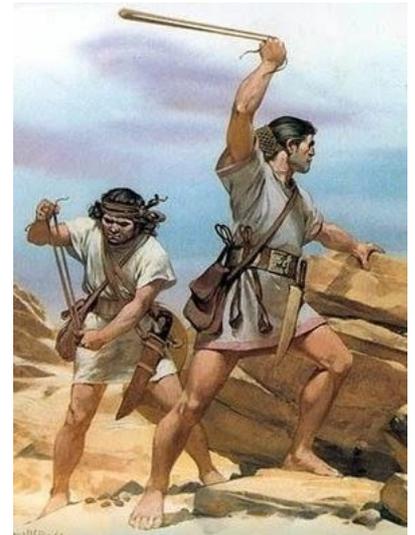


## V. What can we learn about Slings and Stones? ( \_\_\_\_\_ )

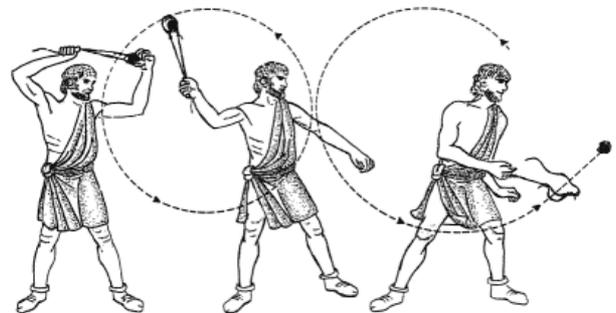
- A. A sling and a small stone are a very simple weapon, but is one of the most important one in a battle.

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- B. Obviously, stones could be **slung** faster, farther, and more accurately, than they could be thrown. Smooth, rounded stones were far more effective than any other shape of stone.
- C. Ancient hand slings generally consisted of a single long strip of leather or woven wool, with a central “pocket” for the stone. The longer the sling, the greater its range. Long-range slings were about 3 feet long.
- D. A sling is not a weapon in itself, but is designed to hurl specialised stones at the enemy.
- E. A sling can be used to direct a stone at a very precise target. See Judges 20:16 “*Among all this people there were seven hundred chosen men lefthanded; every one could sling stones at an \_\_\_\_\_, and not miss.*”
- F. Slings a stone accurately requires a lot of practice – it is much harder to use effectively than you would first think.
- G. You need to have **many** stones at hand – not just one or two. David chose not one, but \_\_\_\_\_ smooth stones (**1 Samuel 17:40**) to kill Goliath, and we have to make choices and decisions to fit the situations of life.
- H. A good slinger hurled a stone as far and accurately as a good archer. Roman military texts recommended archery target practice at about 200 yards. Slingers are known to hurl their projectiles even farther, as much as 440 yards (quarter of a mile).
- I. How to sling a stone



1. One end of the sling was secured to the fingers of the throwing hand. The other end, held between thumb and forefinger, was released thus propelling the stone.



- J. Slings and stones are like \_\_\_\_\_ in the Christian Man's warfare
1. Anybody can sling a stone – only trained men can hit a target
    - a. When you witness to someone about Christ, it can feel intimidating and you may not get very far talking to someone for the first time, but the more you learn scripture and how to talk to people, the stronger witness you will be.
  2. Christian men need to be trained by others soldiers to learn how to make your sling (your testimony) and use it to the best of your ability
  3. Learning the power of the Gospel requires personal and group Bible study. 2 Timothy 2:2 *And the things that thou hast heard of me among*

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*many witnesses, the same commit thou to faithful men, who shall be able to \_\_\_\_\_ others also.*

4. Think how a person grows in the Lord through discipleship - Jesus trained His men so even when He wasn't there they would do even greater things. John 14:12 *Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.*
5. That training enabled them to preach, and present the Gospel all over the world, defeating sin and Satan all along the way!

### VI. What can we learn about Hand Axes, Large killing Stones, Swords and Shields, and weapons of any kind? (HUMILITY)

- A. Be ready to improvise. Your goal is to stay alive spiritually, and to defeat your enemy, and not everything will always work the way you want, so do your best with the tools you have
  1. All weapons were deadly in the Old Testament, but the Christian man must use big doses of “\_\_\_\_\_” (**Matthew 5:43,44**).
  2. So use YOUR HUMILITY to humble your enemy!
  3. Swords are just like the word of God (**Hebrews 4:12**) – they cut and kill sin in both the wielder, and the opponent. Use the word of God in every fight and battle and argument – NOT your own opinions and feelings!
  4. Shields PROTECT you from attacks of arrows, swords, stones, Spears, etc. Our shield is when a Christian man hides behind his FAITH, his confidence in GOD'S strength and protection (**Ephesians 6:16**)!
- B. Remember that weapons are not always exciting. They just need to be effective against our enemy. So also is the Gospel. It will not be exciting, and even seem foolish to the lost. But it is the “\_\_\_\_\_” (**1Corinthians 1:18; Romans 1:16**)

### VII. Final Principles:

- A. **1 Samuel 17:47** *“And all this assembly shall know that the LORD saveth not with sword and spear: for the battle is the LORD'S.”*
- B. Never trust your weapon – trust in the Lord that uses simple, and base things, and uses even NOTHING to defeat the strongest enemies!
- C. Battle your enemy head on. Never turn your back on your enemy. There is no protective armour for the back of a soldier.
- D. Use your weapons and stay in the fight until your enemy, your temptation, your depression, your anger, your rebellion is DEFEATED! Elisha rebuked king \_\_\_\_\_ when he only shot \_\_\_\_\_ arrows out a window when he still had a quiver full left (**2 Kings 13:14-19**). So, keep attacking until you run out of ammunition or until the battle is over! AMEN!

## Session 3 – Adino - Relentless

*Keith Hamilton, An Carraig Baptist Church, Limerick*

*“The Tachmonite that sat in the seat, chief among the captains; the same was Adino the Eznite: he lift up his spear against eight hundred, whom he slew at one time.” 2 Samuel 23:8*

**Sermon Notes:**



## Session 4 – Eleazar - Tenacious

*Pastor Les Hill, Gospel Baptist Church, Lucan*

*“Eleazar the son of Dodo the Ahohite, ...the men of Israel were gone away:... He arose, and smote the Philistines until his hand was weary, and his hand clave unto the sword: and the LORD wrought a great victory that day; and the people returned after him only to spoil.” 2 Samuel 23:9,10*

**Sermon Notes:**



## Personal Devotion – Friday Morning

### Strengthening the Inner Man

*That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man.* Ephesians 3:16

Have you ever felt like you were two different people with different desires and thoughts? If you are born again and trust Jesus Christ as your Saviour, a part of you that was dead because of sin was \_\_\_\_\_, or made alive from that day forward (**Ephesians 2:1**). This new part of you is called the “New Man”. It is in the invisible part of you called the soul. Your New Man wants to do what’s right and to worship, obey, and serve God. Yet, there’s still a part within every Christian man that is called the “Old Man” that does not want to obey God; does not want to worship, and does not want to do His will. Your Old Man is your old nature, and includes your old likes and dislikes, and your sinful desires and habits that you enjoyed before you were saved. Both your Old Man and New Man are constantly at war with each other and each seeks to be in control of your decisions on a daily basis. Sadly, most Christians live their lives with the Old Man in charge and wonder why they have no joy, no peace, no power, no walk with God, and no desire to serve God. If you do not strengthen your New Man, your Old Man will win most of the time. So, how do you strengthen your New Man? Here are a couple ways.

1. **Realize your Old You was actually crucified with Christ** when you repented and believed the Gospel. **Galatians 2:20** *I am \_\_\_\_\_ with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.* Jesus died to free you from sinful thoughts, habits and desires. Believe it!

2. **Exercise your New Man.** Find out what God says to do in the Bible, and then DO it, and your New You will become stronger and stronger. The more you do your own will, the more your old you will stay strong. **James 1:22, 23** *But be ye \_\_\_\_\_ of the word, and not \_\_\_\_\_ only, deceiving your own selves.* If you don’t exercise your faith, your will, and your heart to avidly, passionately follow the life of Jesus, you will always end up defeated by the sin that doth so easily \_\_\_\_\_ you (trip you up) (**Hebrews 12:1**). Every day, get up with a list of people’s needs, and pray for every one of them. Read at least 2 chapters in your Bible. Carry tracts with you, and hand out at least one a day to someone you meet! That is exercise!

3. **Desire good things**, godliness, holiness, a Christian home, a clear conscience, a clean mind, a good testimony! **1 Timothy 4:8** *For bodily exercise profiteth \_\_\_\_\_: but godliness is profitable unto \_\_\_\_\_ things, having promise of the life that now is, and of that which is to come.*

4. **Feed your New Man – starve your old habits.** Just as we have to feed our physical bodies, our New Man must be fed. Your New Man does not use the same food that your physical body needs in order to survive. You need to start consuming spiritual food. God has given us all the spiritual food that we will ever need in His Word and we are fed by reading it. **1 Peter 2:2** *As newborn babes, desire the sincere \_\_\_\_\_ of the word, that ye may \_\_\_\_\_ thereby.*

5. **Fear what your Old Nature can end up doing if you don’t stay vigilant.** Remember, David dropped his guard, and let his personal sexual lust act on a married woman named Bathsheba (see **2Samuel 11**)! You have no idea what YOU might end up doing if you do not take great care to never allow your lusts and old habits be in control anymore!

6. **Last, Put up a good fight!** Don’t be such a baby, constantly giving in to the temptations to think wrong, and do wrong things. Whenever sinful, lustful, selfish thoughts start building up in your mind, start \_\_\_\_\_ (throwing) them back down, and breaking down every \_\_\_\_\_ that the devil tries to set up (**2Corinthians 10:4,5**).



## Session 5 – What David Meant to His Men

*Layton Kelly – New Hope Men's Home, Tallaght, Dublin*

*“And every one that was in distress, and every one that was in debt, and every one that was discontented, gathered themselves unto him; and he became a captain over them: and there were with him about four hundred men.”*

*1 Samuel 22:2*

### Sermon Notes:



## Weapons Competition

*“For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.” Ephesians 6:12*

### Bow and Arrow Competition (3 at target, 2 distance)

	1	2	3
<b>Target Points</b>			
<b>Distance (mtrs)</b>			

### Spears (5 throwing attempts)

Distance	5 (1)	10 (2)	15 (3x)	20 (4x)	25 (5x)
<b>Times Thru Target</b>					

### Slings (5 throws)

Head (50pts)	Torso (25)	Arms/Legs (10)	Total

### Axes, Killing Stones, and Anything Else

**Axe at Stump (3 throws)**

**Throwing Stones (3 throws thru Hoop)**

**Jousting Points**

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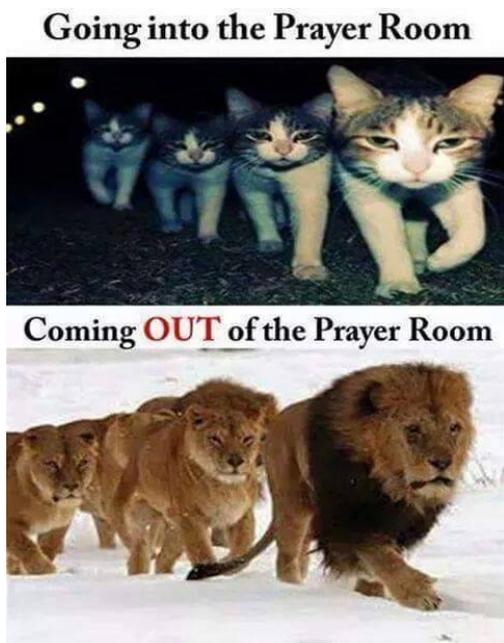


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**TOTAL PERSONAL POINTS**



## Session 6 – Shammah - Unmoveable

*Pastor Declan Flanagan, Lighthouse Baptist Church, Swords*

*“Shammah the son of Agee the Hararite. And the Philistines were gathered together into a troop, where was a piece of ground full of lentiles: and the people fled from the Philistines. But he stood in the midst of the ground, and defended it, and slew the Philistines: and the LORD wrought a great victory.”*

*2 Samuel 23:11,12*

### Sermon Notes:



## Session 7 – When Ziklag Was Lost

*Pastor David O’Gorman, Lifegate Bible Baptist Church, Tallaght, Dublin*

*“And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the LORD his God.”*

*1 Samuel 30:6*

### Sermon Notes:

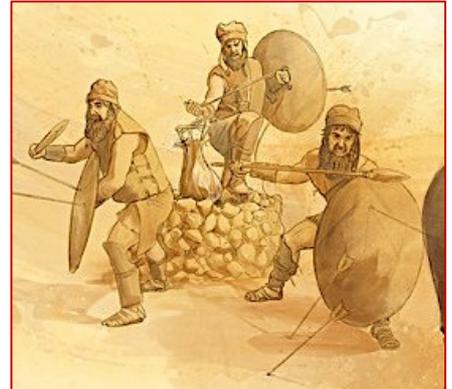


## Session 8 – Reacting to a Whisper!

*Andrew Day, Bible Baptist Church, Ballincollig, Cork*

*“And David longed, and said, Oh that one would give me drink of the water of the well of Bethlehem.” 2 Samuel 23:15*

### Sermon Notes:



Men's Training Camp 2016

## **Thoughts for Pop-Corn Preaching**

*What Has God taught you that you could briefly preach for the benefit of the other men at Men's Camp this year?*

**My Sermon Thoughts:**

## Final Review - A Time to Evaluate Your Heart

Questions to ponder and answer from this Camp's study of Mighty Men.

- List things that our culture says are **manly**, and great for men to do:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- List four things (character traits) that GOD says make a man great, and mighty:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- What Scripture really meant a lot to you from this week? \_\_\_\_\_  
Can you write it out from memory? \_\_\_\_\_  
\_\_\_\_\_
- What was the outstanding characteristic that each of these Mighty Man had:
  - Adino - \_\_\_\_\_
  - Eleazar - \_\_\_\_\_
  - Shammah - \_\_\_\_\_
- What was the reason that the three men risked their lives for just a drink of water from the well of Bethlehem? \_\_\_\_\_
- What reason or cause would you ever consider risking YOUR life for? \_\_\_\_\_  
\_\_\_\_\_
- Is it okay to hate some things about yourself (besides sin)? **Yes** or **No**
- What things do you desire for God to change about yourself and your future?
  - \_\_\_\_\_
  - \_\_\_\_\_
- Who is your greatest 'David' (the person that motivates you to live right, do right, and go further than you think you can)? \_\_\_\_\_
- Describe your relationship with your pastor? Do you let him push you, and drive you further than you want to? \_\_\_\_\_  
\_\_\_\_\_
- If not, what is his purpose as your pastor? \_\_\_\_\_
- Who is the new man in the believer's life? \_\_\_\_\_
- How powerful is your new man? What is He able to do? \_\_\_\_\_  
\_\_\_\_\_
- List two things you need to do to strengthen your New Man in you:
  - \_\_\_\_\_
  - \_\_\_\_\_
- Give an example of someone in the Bible who didn't strengthen their inner man and was ruined because of it: \_\_\_\_\_

## Prayer List

*“Men ought always to pray, and not to faint”* Luke 18:1

This list can be used every time we get together to pray, and should be added to as we learn of individual needs and requests.

**Pray For the Lost** (2 Peter 3:9) *“God is not willing that any should perish...”*

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Pray For Christian Growth** (2 Peter 3:18) *“but grow in grace”*

_____	_____
_____	_____
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**Pray For Special Needs** (Health, and Family concerns)

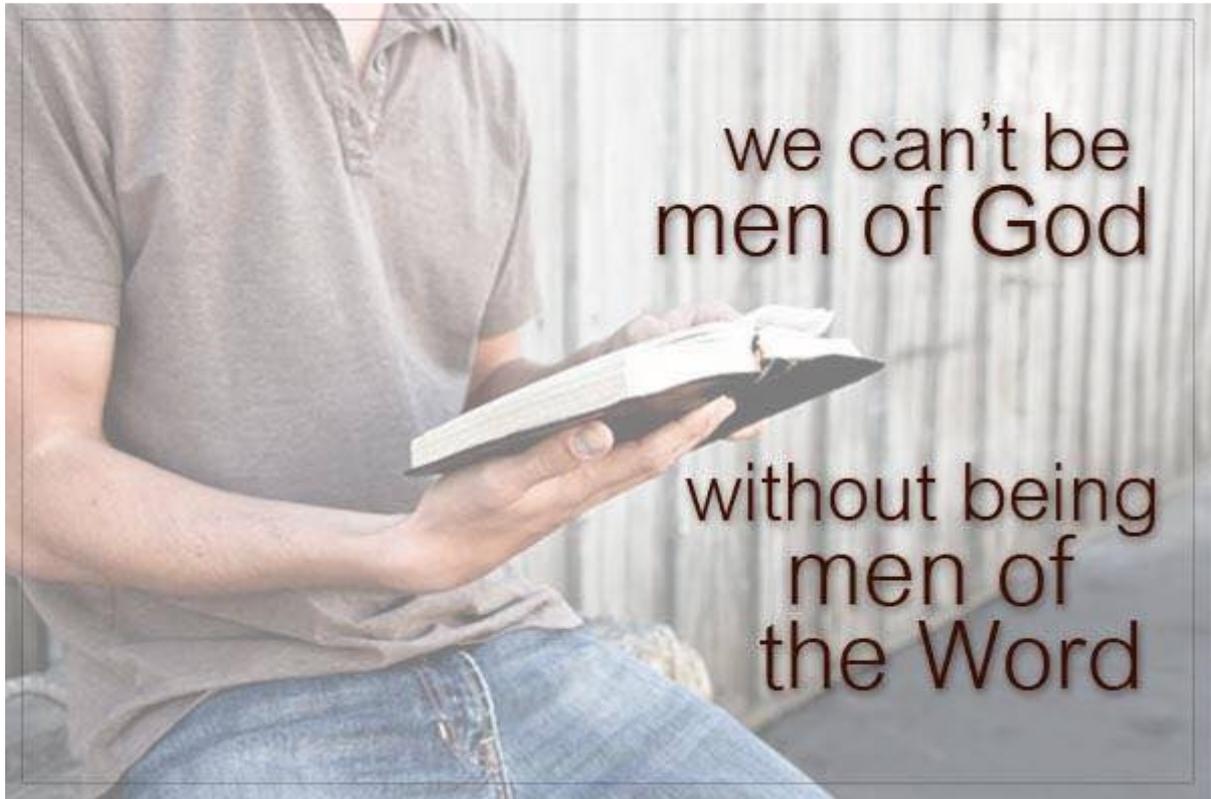
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**Pray For Your Church Needs**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Anything Else – list your own needs here**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



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